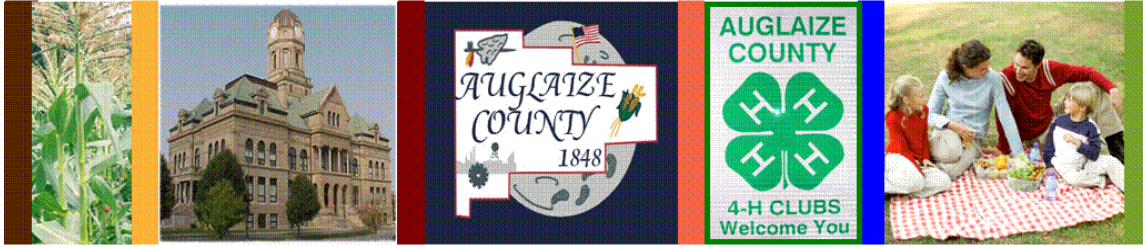


# Extension Communicator



## January 2023

### Special points of interest:

- Agriculture & Natural Resources
- 4-H Youth Development
- SnapEd

### Agriculture and Natural Resources

#### Cover Crop Roundtable

The cover crop roundtable meets monthly on the 2<sup>nd</sup> Friday at Happy Daz restaurant in Wapakoneta at 8:30 am. Topics of discussion include innovative machinery for cover crops, species selection for soil health, erosion control, organic matter control and buildup, as well as occasional on-farm events and research.

This program is free and open to the public with no registration.

#### Ag Breakfast

The ag breakfast has moved to a quarterly meeting where we meet at RJ's Coffee Cup in Wapakoneta on the 3<sup>rd</sup> Tuesday of March, June, September, and December

The ag breakfast focuses on Management and ag business topics such as current markets, farm loan options, farm bill discussions, and ag safety.

#### WCSM Radio Broadcast

Auglaize County has taken over the Western Ohio OSU Extension Ag Update for WCSM on Friday Mornings, this is an excellent way to get updated programming and information. Throughout the week our friends at WCSM highlight the updates to help keep you informed.

#### Auglaize County ANR Newsletter

The Auglaize County Newsletter is a weekly publication that we put out to bring you more in-depth information and links to registration forms. This publication is available on our website, Facebook and via email to the county. If you do not have access to a digital copy call the office to get on the mailing list.

### Auglaize County Office

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## **Mental Health First Aid**

I spent some time this fall doing mental health first aid training for different organizations. We had a great turnout of folks that were interested in learning how to address and recognize signs of mental stress.

## **Succession Planning**

We partnered with Shelby County to bring the Succession Planning Series to Western Ohio. We had 55 folks come out and the content was outstanding. We were very excited to be able to have this program fully sponsored to cover the material and class fees.

# **4-H Youth Development**

## **4-H in the Classroom offers Experiential Learning**

As teachers and students returned to the classroom this fall, many become enrolled in the 4-H in the Classroom program. Approximately 800 students are learning the “4-H way” - with hands on experiential curriculums. This program offers a variety of curriculums from which teachers can choose. Programs offered include Life of a Butterfly; nutrition lessons; chick embryology, Go Plants! - a plant science curriculum. Lori Now, 4-H Program Assistant, has also taught yoga in several classrooms across the county. In addition, the Cloverbud program is being conducted in kindergarten through second grades throughout the county.

## **Kids' Chef School**

Twelve second and third graders attended the recent Kids' Chef School. The girls and boys learned about MyPlate, hand washing, how to measure and how to safely use a knife. After the instructional part of the program, the youth worked in teams to prepare food. The theme was creating a football tailgate menu. After they prepared the dishes, they enjoyed eating them!

## **St. Marys Middle School Life Skills Lesson**

At the request of St. Marys FFA members, a lesson was conducted for their seventh-grade life skills series. Seven participants learned about measuring and knife safety. The participants worked together to prepare several recipes and then enjoyed eating them. The menu was homemade hummus with fresh vegetables, turkey tortilla roll ups, spinach dip bowl and Angel Food Cherry Pie.

## **CARTEENS**

The Auglaize Co. 4-H CARTEENS program helped teen drivers learn more about responsible driving and safety on the road. A program conducted in cooperation with the Juvenile Court, their goal is to increase the safety and improve the skills of teen drivers. Peer teen teachers and adult advisors conduct the monthly programs. One hundred thirty-four teens learned about the hazards of speed, traffic violations and distracted driving and their potential consequences on the road. Don Baumer is the county coordinator for the program.

## SNAP-Ed

The autumn months have been filled with classes at Mercer County Head Start locations, both Auglaize County Head Start locations, a successful fall recipe series at Wapakoneta Village Apartments, and a series with our highest numbers ever at Mercer County Board of DD. totaling 171 participants from Oct-Dec. Vicki McGee was hired as the new Mercer County SNAP-Ed Program Assistant and she is now trained to take over the SNAP-Ed role in Mercer County.

### Outreach and Success

Through indirect programming I have reached 1,812 individuals from October-December.

### New Partner Agencies:

I am gearing up to start my first series with newly partnered M.A.V Youth Mentoring. Our first series will begin January 10<sup>th</sup>. These lessons are developed to be centered around learning basic cooking skills to empower the students to prepare nutritious recipes.

### Upcoming Events:

The new year will be off to a great start with series at Blume Alumni Apartments, Wapakoneta Village Apartments, MAV Youth Mentoring, Coleman Professional Services, and late winter series at both Auglaize County Head Start locations.

## OSU Extension Staff

<b>Elizabeth M. Miller</b> Extension Educator 4-H Youth Development	<b>Jamie Hampton</b> Extension Educator Agriculture & Natural Resources
<b>Lori Now</b> Extension Program Assistant	<b>Sarah Amelung</b> Extension Program Assistant, SNAP-Ed
<b>Krista Winter</b> Extension Office Associate	



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